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State allows residents to mark M, F, or X on their birth certificates (16 states + D.C.)

State updates birth certificates using an administrative process and does not require provider documentation (14 states)

State updates birth certificates using an administrative process and requires provider documentation of "appropriate treatment" (12 states, 1 territory + D.C.)

State has unclear process and/or unclear medical requirements left to the discretion of individual judges (see citations for more information) (7 states, 3 territories)

State updates birth certificates using an administrative process but requires proof of surgery (3 states)

State updates birth certificates but requires both a court order and proof of surgery (8 states, 1 territory)

State does not allow for amending the gender marker on the birth certificate (6 states)

State bans the use of an X option on birth certificates (3 states)

U.S. Territories

- American Samoa
- Commonwealth of the Northern Mariana Islands
- Guam
- Puerto Rico
- U.S. Virgin Islands

